SPECIAL OPERATIONS CHARITY NETWORK

A 501c3 Corporation

"Find Your Tribe" Mindfulness Program

Special Operations Charity Network (SOCN) has established an overall umbrella program for 2020 and forward. This program, "Find Your Tribe" provides veterans, law enforcement, and first responders with a variety of healthy activities that focus on "Mindfulness Training". The veterans, law enforcement, and first responders are encouraged to choose which activity or activities they would like to participate in. These activities provide variations on mindfulness training which help them learn how to maintain a highly focused mindset, and will keep them "in the moment" instead of regressing to their past or worrying about their future. It also provides them a place and/or a group of likeminded people that understand what they are experiencing in their lives after being deployed or having issues after a traumatic incident.

Carefully placing veterans, law enforcement, and first responders in these types of scenarios via activities that promote "mindfulness" or being present in the moment, can actually assist the participants with their ability to function socially once they've started recovery from the initial effects of Post Traumatic Stress (PTS), Post Traumatic Stress Injury (PTSI) and/or Post Traumatic Stress Disorder (PTSD). Our current activities range from Shooting Sports, e.g. USPSA, Steel Challenge, IDPA, and Sporting Clays; Big Game & Upland Game Hunting; Camping; Fly-fishing & Bass Fishing; Harley Riding Clinics; Sport Bike Clinics; Enduro/Adventure Motorcycling; Jet Ski Clinics; Mountain Biking; Horseback Riding; BBQ Cook-Off Training & Competition, Airsoft Action Shooting and Online Action Gaming Teams. The SOCN team utilizes a short series of assessments & surveys to determine possible existence and/or non-existence of depression, anxiety, anger, sleeplessness, etc. and based on that initial assessment, make a recommendation to approve or disapprove participation in any of the FYT activities. SOCN will also track their progress over a 12-18 month period, and long-term thru our volunteer regional program mentors along with and assisted by other recommended and approved mental health programs.

SOCN currently administers the Shooting Sports activities via our "Hero's Day at the Range" and "Shooting Sports Ambassador" programs, which utilize pro shooters and other professionals within the law enforcement and military communities as Asst. Instructors. SOCN will also be conducting the first "Harley Intro Riding Clinic" in coordination with Robert Patrick, (of Terminator 2 fame and also one of the co-stars of **Sgt*Will Gardner**) one of our West Coast Ambassadors, and his Santa Clarita Harley-Davidson Dealership. The first riding clinic is planned for the 1st Quarter of 2021.

SOCN is teamed with other recognized charities, e.g. Doose Outfitters Ministry, Resiliency Outreach, Project Healing Waters Certified Guides (fly-fishing), Operation Archangel, etc. that are established within the hunting, fishing, and outdoor sports disciplines along with equestrian activities.

SOCN is currently partnered with the Cadet Tom Surdyke Memorial Foundation (CTSF) in presenting the "**Sgt*Will Gardner Harley Fundraiser**", providing a custom Harley-Davidson Heritage motorcycle as our 2020 Fundraising event. SOCN is also working with "Rolling Remembrance" a nationwide veterans motorcycle group, the Green Knights, and the Pipe Hitters Union, both military-centric motorcycle clubs with chapters located all over the world, in promotion & marketing of the Harley Fundraiser, www.specopscharity.com/harleyfundraiser along the Motorcycle Riding Clinics and a volunteer regional mentorship program.

SOCN funding is provided via yearly fundraising efforts along with recruiting donors and sponsors from the corporate, defense, shooting, hunting, outdoor, and motorcycle industries. Our yearly budget documents are available on request.

Sincerely,

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Best Regards,

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